

Monthly Donation Scheme 2024

Programme Support and Funding Reference for Individuals*

1. Talk2Me Peer Supporter Training Certificate Programme (HK\$200/month)

Your monthly donation will support one youth to attend one session (est. 60 minutes) of the programme; the complete programme consists of 10 sessions.

This training equips young individuals with essential skills to offer emotional and mental health support to their peers, fostering a compassionate and resilient community. Additionally, your contribution aids in the development of educational resources and materials that enrich these training sessions, ensuring participants are well-prepared to face various challenges.
2. Career Exploration Day for Disadvantaged Youth (HK\$350/month)

Your monthly donation will support one youth to participate in the Career Exploration Day (est. 3 hours); each Career Exploration Day requires a minimum of 15 participants.

Empowering youth from disadvantaged groups, such as students from diverse ethnicity backgrounds, to participate in a career exploration day. This opportunity provides valuable insights and opens new horizons and pathways, allowing them to plan and achieve their future aspirations.
3. Drug and Alcohol First Aid Training (HK\$400/month)

Your monthly donation will support one youth to attend a one-time training (est. 3 hours); each training requires a minimum of 15 participants.

This essential training imparts young individuals with crucial knowledge and skills needed to effectively respond to emergencies involving substance use. By equipping the youth with this critical expertise, it enhances their personal safety and cultivates a community of vigilant and responsible individuals. This proactive approach ensures that young people are prepared to support their peers and contribute to a safer, more informed society.
4. Social Emotional Learning (SEL) Curriculum (HK\$1,200/month)

Your monthly donation will support one youth to complete all 8 modules in one level of the SEL curriculum (est. 8 hours); each class will have a minimum of 20 students.

Our comprehensive Social Emotional Learning (SEL) curriculum has 3 levels; each has 8 modules that are suited for F.1-F.2, F.3, and F.4-F.5 students respectively. SEL is crucial to equip students with the skills needed for emotional regulation, empathy, and positive social interactions. These skills are essential for their overall well-being and success, helping them navigate challenges and build healthy relationships.

* Programme costs are calculated by session, divided by the minimum required participants.