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# Hong Kong Rugby Sevens: Hacks and Helpful Hints

WHAT'S ON HK | BY LEXI

## Tips and tricks for Hong Kong's biggest sporting event

With the **Hong Kong Rugby Sevens just around the corner**, you've no doubt already got the perfect squad costume proudly hung in the living room... or you're going to be making a hasty dash to Pottinger (*you brave, brave soul*) the night before the games.

**Read more:** [Hong Kong Rugby Sevens: 5 Tips to Get Your Costume Noticed](#)

And with the outfits (*almost*) sorted, all that's left in the countdown to the **most hotly anticipated weekend of the year** is to keep your stamina high and your livers cleansed in preparation for an unforgettable three days of sport and debauchery. But before rushing to the stadium in the early hours of Saturday morning, sneak a peek at our bite-size **survival guide below with our top tips and things to remember**, before you forget.

**Find all the info you need by clicking below!**

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## **What to Take**

### **Snacks and Drinks**

Okay sure, the stadium is a glass, container and bottle-free zone, but there's no rule to say that you can't bring a cheap, fabric cool bag in with you. The stadium is full of fast food vendors, as well as those walking around the stands selling fast food like pies and ice creams, and quite frankly, demolishing a piece of greasy fried chicken sounds like the dream when you're several litres of beer down. But you'll be giving yourself a pat on the back for packing a quick cheese sarnie and a bag of Doritos for yourself once you take a look at the queue for KFC. This goes for water, too (*it's all about staying hydrated!*). We've found it handy in the past to use emergency water bags from [Living Plaza](#) which can store up to a litre of water, ultimately saving both pennies and time spent in huge lines.

*See the full list of [prohibited items at the Sevens here](#).*

### **Wet Wipes/Hand Sanitiser**

Obviously, with so many people attending the games, the Sevens isn't going to be cleanest place. Already carrying half of the South Stand around the ankles of your animal onesie, cleanliness probably isn't going to be at the forefront of your mind, but hand sanitiser is about to become your best friend once you've broken the dreaded seal...

### **Sunscreen/Hat**

Odds are your costume has come with a head piece of sorts, but don't forget to slap on some sunscreen before leaving home. With little coverage for the majority of the stands, it's likely you'll to burn, so lotion up before leaving home and be done with it!

### **Bum Bag**

This one is the mother of all Sevens hacks. Don't bother bringing a shoulder bag with you – it's going to get destroyed, covered in beer, or left under a seat. Clip a bum bag around your waist and only take the essentials. Cash,

phone (*best to pop this one in a zip lock bag, I've been known to drop my phone in the pint glass sat around my neck*) tissues, paracetamol, hydration salts (*a mid-day life saver if you're hoping to make it on to Wan Chai*) and Imodium – if you've seen those toilet stalls past lunch time you'll know why this one's made the list.



## **Alternative Activities**

*If braving the South Stand just isn't your thing, or you're looking for a slightly tamer, more family-friendly orientated Sevens this year then there are heaps of alternatives to chugging warm pints...*

### **Game stalls**

There's tons of fun things happening across the weekend, and this includes trying your hand at the game and entertainment stalls where you can win cool prizes.

### **Fan Stands**

Fan stands are dotted around the stadium, and are a great place to buy souvenirs, memorabilia and rugby merchandise like the official Hong Kong Sevens and team jerseys as well as rugby balls which tend to go down a storm (*and sell out fast!*) – a perfect tool for collecting signatures too.

### **Half Time Entertainment**

It's been announced that American rock band Smash Mouth will be bringing the half-time entertainment for this year's games! Expect classics such as I'm a Believer and All Star – sure to have the stands signing along.

### **Mini Rugby**

Whether you're heading down early to get into the South Stand or to set up camp in the West, check out the cool mini rugby tournaments held on pitch (*schedule to be released soon*) in the early hours – cute!



## **Around Town**

*If you haven't managed to bag yourself a ticket, don't stress. This year it's easy to get into the spirit and soak up the Sevens atmosphere around town. Round up the stragglers and head on over to one of these happenings, set up in the front row or bag yourself an awesome foodie deal...*

### **Kick Off Concert**

Get into the spirit of the weekend with the Kick Off Concert happening on Thursday, 5 April! Featuring reggae band UB40 it's sure to have you feeling Sevens ready. Find more info and get your tickets [here!](#)

**Queen Elizabeth Stadium, 18 Oi Kwan Road, Wan Chai, Hong Kong**

### **Fanwalk at Lee Gardens**

Featuring live streaming of all the action from the stadium, Lee Gardens will also be home to live entertainment, activities, food and drink throughout The Sevens weekend. Read all about it [here!](#)

**Lee Gardens, Causeway Bay, Hong Kong, [www.hksevens.com/event-info/2018-festival-at-lee-gardens](http://www.hksevens.com/event-info/2018-festival-at-lee-gardens)**

### **Live Broadcast at Cyberport**

The Podium is broadcasting the entire weekend live, with plenty of snacks and beverages on hand to dig into from neighbouring restaurants or bring a picnic and enjoy it on the lawn while watching the games!

**The Podium, L4, The Arcade, 100 Cyberport Road, Hong Kong**

## **Foodie Deals**

### **The Butchers Club Burger**

Running from Wednesday, 4 April until Monday, 9 April, the **Hong Kong Sevens Triple Happiness Challenge** will be available at all The Butchers Club

Burger locations. Consisting of a Triple Happiness meal set (\$240), including the limited edition Triple Happiness Burger, duck fat fries and an ice-cold beer, finish it all in seven minutes or less and it's on the house!

**The Butchers Club Burger**, *various locations* across Hong Kong, [www.thebutchers.club/burger-hk](http://www.thebutchers.club/burger-hk)



### **Commissary**

Gather the gang for a pre-or post-Sevens feast packed with flavour and value. From Thursday, 5 April to Saturday, 7 April, diners can enjoy a half rack ribs and two beers for \$300, or a full rack and four beers for \$500.

**Commissary**, Shop 405, 4/F Pacific Place, 88 Queensway, Admiralty, Hong Kong, [www.commissary.hk](http://www.commissary.hk)

### **Sevens Club House at Seasons**

Head to Seasons Restaurant for a well-deserved rest over the busy weekend. Offering four Carlsberg beers, or two Sacred Hill wines for \$100, you can relax and unwind whilst watching the rugby on the big screen.

**Seasons**, Shop 308, 3/F, Lee Garden Two, 28 Yun Ping Road, Causeway Bay, Hong Kong, [www.ticketflap.com/hongkongsevenclubhouse](http://www.ticketflap.com/hongkongsevenclubhouse)

### **Linguini Fini**

Want to make your Sevens weekend even more boozy? Enjoy two-hours of free-flow prosecco and Peronis, or a build your own Bloody Mary bar for \$99 per person on Saturday and Sunday.

**Linguini Fini**, 49 Elgin Street, Central, Hong Kong, [www.linguinifini.com](http://www.linguinifini.com)

### **Burger Circus**

Make sure to don your rugby shirt or fancy dress when heading to Burger Circus, as those getting into the spirit of the weekend will receive a shot of

Jack Daniel's or Basil Hayden's on the house. A second shot is priced at just \$5, with the price going up by \$5 for each further shot.

**Burger Circus**, 22 Hollywood Road, Central, Hong Kong, [www.burgercircus.com.hk](http://www.burgercircus.com.hk)



### **Motorino**

Looking to get some late-night food? Head to Motorino after 10pm, and those in costume or rugby shirts will get a pint of beer on the house when ordering any pizza.

**Motorino**, 14 Shelley Street, Central, Hong Kong

**Motorino**, 15 Ship Street, Wan Chai, Hong Kong, [www.motorinopizza.com](http://www.motorinopizza.com)

### **208, Commissary and Duddell's**

Head to **208**, **Commissary** or **Duddell's** over the rugby weekend and you can enjoy a bucket of six Peroni beers for \$300!

**208 Duecento Otto**, 208 Hollywood Road, Sheung Wan, Hong Kong, [www.208.com.hk](http://www.208.com.hk)

**Commissary**, Shop 405, 4/F Pacific Place, 88 Queensway, Admiralty, Hong Kong, [www.commissary.hk](http://www.commissary.hk)

**Duddell's**, Level 3, Shanghai Tang Mansion, 1 Duddell Street, Central, Hong Kong, [www.duddells.co](http://www.duddells.co)

### **22 Ships, Mak Mak and Chachawan**

Peroni not your thing? Have no fear as **22 Ships**, **Mak Mak** and **Chachawan** are also offering up a bucket of six Pilsner Urquell beers for \$300 over the entire Sevens weekend.

**22 Ships**, 22 Ship Street, Wan Chai, Hong Kong, [www.22ships.hk](http://www.22ships.hk)

**Mak Mak**, Shop 217A 2/F Landmark Atrium, 15 Queen's Road, Central, Hong Kong, [www.facebook.com/makmakhongkong](http://www.facebook.com/makmakhongkong)

**Chachawan**, 206 Hollywood Road, Sheung Wan, Hong Kong, [www.facebook.com/chachawan.hongkong](http://www.facebook.com/chachawan.hongkong)

## **Kely Support**

On a slightly more serious note, this one needs to be addressed. The Hong Kong Sevens is an incredible weekend with family and friends, and there's no doubt that the stories will crop up in the pub for days afterwards. But with thousands of people attending and the temptation to really over do the alcohol is at every turn, so it can be reassuring to know that **Kely Support Group** is on hand to help with all drug and alcohol related incidents, providing support and treatment to anyone in need – no questions asked. Remember to drink responsibly and have fun!

Enter your email here

GO!



### **Lexi Davey**

A fellow TCK, I spent the best part of my life growing up in Southeast Asia, tempted ever so briefly by the bright blue, English skies to quickly head back to my roots here in Honkers. A self-confessed heliophile with an unhealthy addiction to fairy lights, loves include: brunch, cheese and my rescue pup, Wella. Most commonly spotted in Din Tai Fung.

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