



Walk this Way for Charity

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Help Darkness into Light to raise funds for suicide prevention

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When it comes to getting in our 10,000 recommended daily steps, many times we hear someone say, "I've got to get my steps in", just for them to move from the sofa to the bar.

One team is going above and beyond these tiny steps for charity this coming weekend.

Emma Sebrof, Group General Manager, **Eclipse Hospitality Group**, and her **McSorley's Ale House Hikers** are taking part in the **Darkness into Light** challenge right here in the 852.

On Sunday, 9 May and Monday, 10 May, the team will attempt to walk the Hong Kong Trail from The Peak to Shek O and back again, which equates to 100km, or a whopping 150,000 steps.

The Darkness into Light challenge benefits **Pieta** (and local charity partners KELY Support Group, Mind HK and Samaritans Hong Kong), raising funds and awareness in the global fight against preventing suicide, self-harm and supporting those bereaved by suicide.

This is a fantastic charity initiative and one that needs our help. **Please donate**, if you can, and help Emma and her team to reach their target of HK\$50,000.

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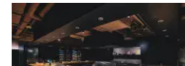
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Foodie wishes the McSorley's Ale House Hikers and all other participants the best of luck in this important challenge!

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