Moody's

SUPPORT GROUP 啟勵扶青會

REACH, INSPIRE SUCCEED, EXCEL

Photographic works by Moody's RiseUp (2015, 2016 & 2017) programme participants from St. Margaret's Girls College, Sir Ellis Kadoorie Secondary School (West Kowloon) and HKMA David Li Kwok Po College Edited by KELY Support Group

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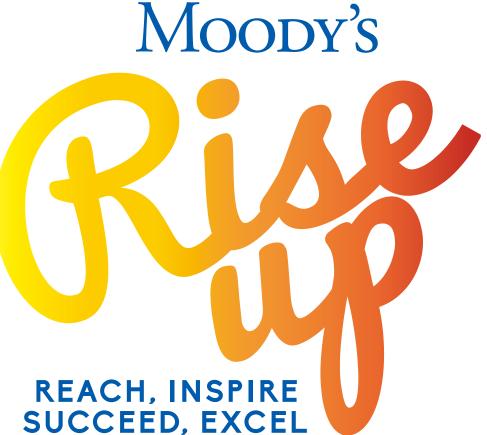
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About the Programme.

This book showcases three cycles of Moody's RiseUp, a youth development programme developed and delivered by KELY Support Group, that offers young people in Hong Kong from ethnic minority backgrounds the opportunity to develop life skills and learn photography. The programme was run in three different schools between 2015 and 2017. It equipped participating students with knowledge and skills to capture their unique experiences of Hong Kong life, and share them with the greater community in a public exhibition. The programme also gave participants the opportunity to work with Moody's mentors, developing essential career skills with positive role models to support their future aspirations and endeavours.



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Mentorship

Moody's Hong Kong staff were mentors on this programme, meeting with participating students at Moody's corporate offices and developing positive and supportive relationships as trusted adults. Sessions focused on pre-employment training and presentation skills, ultimately aiming to enhance students' confidence levels and equip them with practical skills and an understanding of their real world applicability.





all of ME

All of ME showcases the work of students from St. Margaret's Girl's College, encompassing ideas around self-identity, confidence and emotional well-being. Participants used photography as a medium for self expression at a crucial time in their lives, when public exams, school, and family expectations placed them under a great deal of pressure. Their photographs show that, despite these challenges, they remained resilient and focused on their hopes and dreams for the future.



Anum Ahmad

It's not only where I come from, but it's what my heart beats and works for. As an ethnic minority living in Hong Kong, I still see discrimination almost each and every day, but I believe in my heart that's beating that it's making me stronger.

CULTILISLIU



The Real Me

-



Battle Life

Kalpana Armaja

People might see me as a shy and lonely person who is not being able to conquer the hurdles in life. However, I stay strong and look forward to fighting through it all, through thick and thin. I do believe that there is light at the end of the tunnel.

Aujla Jashandeep Kaur

About me: before I did not have any confidence, but as the years went on I gained more confidence. Once I stood out, there was no going back!











The Blue And Brown Eyes

Narneet Bran Kaun

Sometimes we can't stop ourselves from falling, but it's up to us push ourselves up and try again. The word "happiness" would lose its meaning if it was not balanced by sadness.

Agisha Gurung Look deeper, let your soul speak.

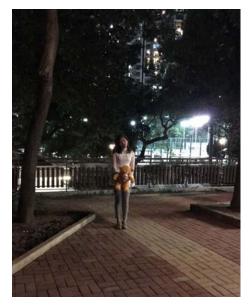




Life Is Not As Fun As You Think

Arina Dhakal

The future could seem very bright right now, but in reality when we face the future it becomes challenging, because life has its ups and downs.





Heterogeneous





Angel Of My World

Alina Gurung

There is always an angel in my world. We all have a guardian angel; just because you can't see your angel it doesn't mean that they aren't there to guide you. This photo shows that I have finally realised my guardian angel's presence.

Untitled

Dichha Gurung

This picture expresses me. It shows that whenever I am not socialising, it doesn't mean that I am shy or reserved. It is during those times that my heart tends to ponder a deeper perspective on life.



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Sania Jahangin

People says that a girl cannot be a model if she is seen as non-perfect in size or not tall enough, and will say that she is ugly even while she is modeling nicely and perfectly.







Eureka (I Have Found It!)

Kannaljot Kaun

Remember who you are before the world tells you who you should be.

Opposites

Loneliness

Shusme Gurung

am depressed.

How lonely I feel and how I'd rather be alone when I

Navjot Kaur

Firstly, I would like to explain the concept of 'don't judge a book by its cover'. My first photo describes me as a studious and hardworking girl who can get lost in a pile of the books, while the next photo shows that I am just a normal teenager who also likes to be involved in social media and enjoy life. Books have different chapters; similarly, people have different characters, personalities and moods. Things might not always be the way they appear on the outside.





Pannan Prit Kaur

I wish I was not so afraid to let people in, because I do need someone who can understand my unspoken words.



Standing Out In The Crowd !





That's ME

Simonpreet Kaur

My happiness is more than enough to cover my sadness.





DREAMRER / DREAM GIRL



This photograph shows a lonely and egotistical person who always brags that she is rich.

Door of Life

Amandeep Kaur

I want to portray that we all have different doors in our lives that lead us to different paths. This picture represents my future; I want to showcase that we should enjoy all moments while we are young and, at the same time, prepare for our future happily.



Queen



lareb Khan

I am the Queen and I don't need others. I can be independent and be happy in my position.



Game Of Mystery

Kulbir Deol

Life is like gum, you can taste all the flavours in the beginning but it loses its mystery in the end.



My Nationality VS My Passion

Sajina Limbu

Nationality differences will not hold me back from achieving my goals...



People think I am shy and quiet, however, I would like to say that I am actually very bubbly and colourful. The vast variety of colours represent diversity and show different sides of me. People are often surprised when they get to know me.









Kabira

Tahira Yousaf Muhammad

Every coin has two sides and that's how people think of me.

Sarah Elizabeth Nerveza Obiacoro

"Are you alive or dead? Or are you acting alive because you can't die?" Despite being happy on the outside, sadness can always peek through because once upon a time even the strength started off as weakness.



VENI. VIDI. VICI. (Come, Seen, Conquered)

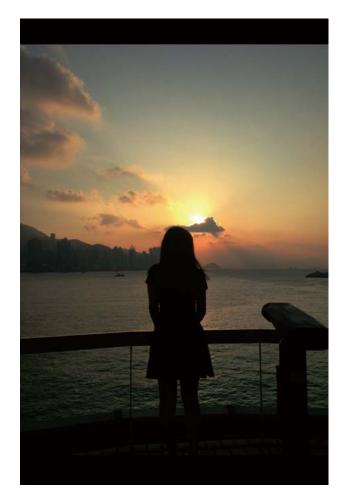






Pamandip Kaur

My first photo represents how people view me as a shy, very simple, close-minded, inattentive, and quiet person. In fact, I am the total opposite to how people see me. In reality I am not that shy; instead, I am a very talkative, cheerful and stylish person.



Dear Me

Anjila Phagami

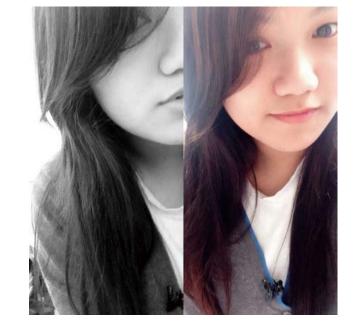
Sometimes you have to stop worrying, wondering and doubting. Have faith in yourself that things will work out, maybe not how you planned, but just how they're meant to be.



My dual personality: one section of the photo shows loud and bright colours, representing my out-going side. The black and white section represents my quiet and cold personality, both imperfectly perfect in their own ways.







Never Forget Your Parents Are Always Your Wings

<mark>Belita Serbuja</mark>

Maya Angelous said: "It is time for parents to teach young people early on that in diversity there is beauty and there is strength". Even though I live in a modern city, I will never forget my culture and the lessons that my parents have passed on to me.



SOLITUDE

Tanisha Rai

People think that I am angry most of the time but it's just a mask that I use everyday. In reality I am always cheerful.

<mark>Catherine Elizabeth</mark> Estrada Stables

I believe that everyone has a small spot of peace in their hearts. For me, looking at bright scenery tells me that everything is going to be okay, no matter if it's a colourful feeling or not.



My Ambition – My Future



Vivid Thoughts



I want to show those people who think that because I don't always speak up it means I don't have many ideas or opinions. In the second picture, the stars and galaxies represent my thoughts.





No Obstacles Can Hinder My Goals

Pooja Devi Yadav

By having a clear vision of my goals, I surely can pave a path and get to my desired destination with full accomplishments. Apart from the hurdles that may defer my progression, in spite of all this, my vision of my aim shall not vanish, and I will always walk along the road of purpose in life.

<mark>Marya Yaqub</mark>

In our culture, most girls are not allowed to give their opinions on daily issues, which makes girls very narrow-minded. From an outsider's perspective, I may seem narrow-minded as I am not able to speak out my thoughts, but in reality I can think beyond these limitations.





The undercover girl





Don't Judge Me! I Can Be Hard Working Too!

Luna Lilycel Zapanta

I am usually lazy around people so most assume that I am lazy. Although in reality I can work hard just like everyone else!



In light Of

In Light Of encouraged students to find the "light" in their lives, be it a burning passion or source of strength, the metaphoric light that inspires their daily lives, the literal lights in daily life, or a photographic interpretation of light through shadows and contrast. Programme participants from Sir Ellis Kadoorie Secondary School (West Kowloon) explored the light or positivity in their lives by capturing the value of connection and friendship through photography.





Shuk Ying Chan

The Golden fish is one of my favorite photos. It is so fantastic that I'm surprised I could do that - I'm proud of this photo! The photo is a little bit blurry, so it gives a mysterious feeling. I hope I can tell everyone that anything can happen. It just depends on you and what you want to do or not do.





The world is big. You may slowly find out about it, and taking pictures helps record it. You can see the beauty of nature, though the moments are short. That's why I want to record them with a camera and seize the moment.



Hemin Ting Heilo

I learnt how to use different modes to make a beautiful photo as well as choose the best place to take a photo. I can express different things through the different styles of photos. The photo I took is sunshine, and it makes me think positively and encourage myself.





Seeing people influence the world lights up my life, and sparks inspiration within me. I really like science and it amazes me how well people are able to change the world using their confidence and bravery. People may think your idea is crazy or unreachable. You must insist on doing what you are doing to make it possible. It can be something big. It can be changing things. Pursue the goal that you want without giving up. The thing that I want to pursue is just like what Steve Jobs pursued. I want to change this world with innovation.





Chung Ting Tse

The attraction of a photograph is that it forms a lasting memory and brings up my good memories when I see it again. The photo that I picked shows my buddy and the preciousness of friendship. Friendship offers support when I need and it is the most meaningful thing to me. Friendship is something important to me, so I am willing to meet more friends. I appreciate the support which is offered by my homies.



Ramandeep Kaur

Those photos have became a part of my life because they are so meaningful and memorable. My friends and family light me up, since they all care about me. We always share stuff with each other, the good and the bad. There is a strong sense of love when we share and help each other overcome challenges. There is a photo of my best friends which I took in school. The sunlight was on half of her face and after taking that photo I felt amazing. She makes my life special by being on my side when no one else is there.





I learnt to see things in different perspective. The more interesting I see the more I can discover. I was shy before joining the programme, but after learning photography skills, I know I can express my feelings through photos, and it makes me more positive, just like the sunshine in this photo. Sunshine always means positivity and encouragement to me.



Friendship is very important to me. I like taking photos of the sky. It's so beautiful and makes me feel comfortable. This programme has made me become more confident and eager to make more friends.





Brandon Siu Shing Law

The light in my life is to share, care and

their smiley faces really makes my day.

help my classmates during class. Seeing

One of my photos shows two of my friends

walking and there's sunshine behind them.

It shows having friends is a positive part of



I have learnt how to convey different moods and emotions through photography. I also learnt how to socialise with strangers. I was not really confident doing this at first, but now I can talk to people more freely. I have learnt how to work in a team. There is a photo of some girls who were in my team and helped me solve problems which relates to my school life.







The friendships I have with others light me up. They bring companionship, support and enrichment to my life. The photos show a group of people smiling with joy and having a great time. The photo represents how, even though sometimes you're having a bad day, it is okay to just smile and break away from sadness.



my life.



I learnt to take photos using different photography styles. The light in my life is to engage in things I enjoy and get a sense of happiness from them.





Irmeela Bi

Sometimes I feel sad, but my friends make me feel peaceful. We will be friends forever because we encourage each other and take photos together. My photograph is a reflection of all of this success in life and encouraging others to never lose hope.





My photos show my appreciation and the love I have for nature. Morning gives us positiveness and the sky in the evening gives us another chance for a new start. I have gained self-confidence through this process and it has helped me with taking photos professionally.



Mohammed Hamaz

My family lights up my life because they always stand by me whenever I need them. Home is where the heart is; this world is beautiful.

Harneet Kaur

It's my loved ones who bring light into my life. I am lucky to have a great family and friends, and a loving partner. They understand and support me unconditionally. Their unwavering support and the conversations I have with them are what keep me going during my tough times. The sheer pleasure of their company during Diwali makes it all special. A lot of people don't have the privilege to spend quality time with people they love the most. I believe I'm blessed.





Harmandeep Singh

Seeing my loved ones lights up my world. The smiles on their faces are irreplaceable. I would like to be a photographer as it will be amazing to capture the beauty around me.







I feel good when I am taking photos. My photos show my selfconfidence, which I get through the support from my friends. I am thankful to them and through photography, I have found my personal values.

Ujjal Bishmakarma

I am glad I got a chance to learn photography, it has made me begin to pay attention to my surroundings.

Harmeet Singh Kaur

My photos talk about identity. They show that you have your own identity. The shadow photo shows that even if you are not there physically, people also know you as your identity. Believe in yourself and do what you want. Each and every photo narrates a story. My photos always look forward, and show that life is hard but it has happiness; after the night there is always beautiful sunshine in the morning, so don't lose hope. We all belong to mother earth and all have one basic culture that is humanity. I hope that photography will help to take us to the next level.





Danish Ali

Day by day our Earth's beauty gets killed and we don't see it often so I chose my weapon, my camera, to seize the beautiful moments so that they can be seen forever. Taking photos is a way to remember these moments.





Photography brings me serenity as I look through the lens of my camera and take the opportunity to capture the true essence and beauty of nature. I hope to continue to gather more beautiful and impressive photos in the coming future.



at a la

Mahmood Infan

With photography, I can create long lasting memories of the time I spent with my friends so one day I can look back and reminisce about the fun times we shared. My photos show that when I'm feeling stressed, I just look at a beautiful view and I feel relaxed. I'm looking at the sunlight for hope.

Umar Absar Mohammed

Khalil Mohammed

Try your best to be the BEST! By taking the best photos I can, I have learnt confidence, social skills and lots more.



Kit Yu Chan

Sunsets are stunning, but will eventually disappear. Yet, if we use our hearts to feel it, to experience it, we will understand we all need to cherish the moment.



I was very surprised to learn that photography is not just about taking photos. It's about capturing a memorable moment and giving inspiring messages. This photo shows a man staring towards the sunlight, seeing hope in life. It shows that although his surroundings made him feel stressed, he is still optimistic about the future.







When we take pictures, we always care about what others think. We often wonder how they express the feelings, how different their reactions will be and how different their point of view is from mine. It's useful to understand others' point of view, but we should also build our confidence to show our own. Friendship is one of the most important things in my life, something that never ends. Friends are like shadows that stay with us all the time. Even though sometimes we can't see shadows, it doesn't mean that we have lost them. They will never leave us.



Jasmine Aisha Tariq

My pictures reflect feelings and emotions. I have tried to express the idea of not losing hope. Life always gives a second chance.



Saugat Gurung

My pictures have helped me gain selfconfidence and this programme has not only helped me a lot in taking photos professionally, but has also developed teamwork, confidence, communication skills, and problem-solving skills in me, which I believe will be useful in my everyday life.







This is a picture of my best friend. I really appreciate her support. She has always been there for me and I really appreciate how close we are and how much we know about each other. I hope I will always have her support throughout my entire life.



Sriya Gurung

The biggest surprise for me in photography

is that photos not only look good but they also tell stories. I learnt proper technique

future job. Taking photos has lit up my life.

It changes the direction of my emotions,

leaving me feeling happier and joyful.

for taking pictures, which is important as I am considering photography as my

Nanneet Kaur

This is a picture of my best friend. I really appreciate her support. She has always been there for me and I really appreciate how close we are and how much we know about each other. I hope I will always have her support throughout my entire life.









Mirrors and Windows invited students from HKMA David Li Kwok Po College to view the world through the camera's lens and translate their own unique perspectives into still images. Based on a concept introduced in contemporary photography in the late 1970s, Mirrors and Windows offers a conceptual framework for exploring the meaning and significance of a photograph: is it a mirror, a reflection of the photographer's own sensibility projected onto the world around them; or a window, through which external reality is viewed and explored?

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Terry Ka Chun Chui

I always love the freedom to do random and spontaneous things and I love the thought of never being limited. Everyone knows the safety and pleasure of their comfort zones, but they can get so comfortable in their space that they do not dare to try new things in life anymore. Through this programme I've learnt more about myself and I notice things a lot more than before. I never used to think about where I come from but now I am really intrigued. I realise there's so much I didn't know about myself.



Framework Don't let frameworks restrict your view.



Hope Hope is everywhere, whether we notice it or not.



Broaden your horizons



Aim high

Wilhelm Ting For Chan

Never give up and enjoy everyday. Everyday is a brand new day. It's meaningful so enjoy it! When you open a new window, you will find a new thing that you didn't know before. Photos can send messages, but the viewer and the photographer's ideas may not be the same. I want to take photos that everyone can relate to. I am very happy that I could join this programme. I've always loved photography, but back then I didn't have any skills. Through this workshop, I met many photographers and learnt how to use the skills in my daily life.

Wayne Wang Ho Chui

I want to photograph every corner of Hong Kong to show the world what our city looks like!! think the idea of mirrors and windows conveys the duality of one's inner and outer worlds. So through taking pictures from different corners of Hong Kong, I could express myself very well. I would also like to express my contradictory feelings about Hong Kong. Hong Kong is a beautiful place on the surface, but also a place full of pressure - students busy with tutorial classes, adults overwhelmed with work without enough rest. As a student, I do feel this pressure, which sometimes makes me feel sad and troubled.

Tony Pak On Chan



People in Hong Kong are mostly unhappy and I want to change that.

Dogs don't judge; dogs will love you no matter what. A lot of people are unhappy because they feel like they're being judged by the way they look.









Each of my pictures reflect the different stages of our lives. From being children to becoming adults. These pictures represent what we go through in our lives as the years go by.



This photo was taken in a park. The children on the see-saw reminded me of the innocence children have. As we grow up, we may aradually lose that innocence, but I think that it's nice to be reminded of our childhood at times. I hope that this picture can give people

a sense of nostalgia, and think of the good times they have as kids.

This shot was taken in Central. I saw a couple of elderly people, looking in the same direction. I thought that there is something very symbolic about this picture. People tend to generally go along the same path because that's what they are taught to do, finding the best path to follow. At the same time, this picture shows that growing old is not as fun without people you value.







Rithicka Balaji

I am a person who loves nature and am verv concerned about environmental protection. The coloured pictures represent the beauty of nature while the black and white pictures represent the destructive forces destroying the beautiful environment. I want to show that protecting the environment is very important to sustain and save Mother Nature. Through this programme I've learnt how to to use photography to reflect and communicate my personal values; in this case, I was able to photograph the environment and communicate how I much I value it by making it the central theme of my series. I want to show that while the world has become more urbanised with new technology and buildings, the natural environment is meanwhile being spoilt and people nowadays don't get to experience nature's beauty very often as compared to the old days.

Rabiya Ruzna Kithuru Mohamed

My photos reflect my personal belief of valuing each person for who they truly are. These photos show other people that no one should devalue others based on any grounds. Everyone has a backstory, sometimes it is hard for them to smile genuinely and to really feel happy. So no one should judge anyone else. I wanted my photos to capture people's 'true' selves. People are going through difficult times and yet they are smiling on the outside. People typically smile in photos because they are expected to. What I wanted to capture in my photos were moments of pure, genuine joy, when people's inner feelings are expressed in an authentic way.





True Colours

Despite having our schedules booked the whole time, there are only a few moments in life when we are really doing what we want to do - youngsters getting to take up an important role is a key example.

Pure joy

Indeed a baby's smile is the most heartwarming and purest thing in the world. The innocence of a baby is true joy. Their smiles and laughter are totally genuine.

To me, silhouettes are my favorite type of photography. Although the object of the image can't be seen, it still has the power to get the message of the person/ object through different gestures. Hence, the objects in the pictures represent an individual who wants to be free from social norms, which are represented by the light in the image. I believe photography tells a story about an individual. For me, I'm a strong believer in uniqueness. Thus, every picture I took is a way of telling people that they're unique. Take the silhouettes as an example, each picture shows different individuals expressing themselves through their shadows. This programme helped me gain confidence in not only myself, but also my work. So, the photo with the "peace sign" shows the amount of confidence I've attained to iust be myself around people.

"It's hard to be confident," they said. I raised my fingers, gestured "peace", posed and walked away.



Sonam Prakash Choithramani

Waqqas Elahi Syed

My photos try to bring out my inner creativity by trying to form photos with deeper meanings that aren't seen at first. My photos aren't all happy photos. They try to bring about a sense of being realistic as life isn't always happy (life has ups and downs). I want to show some problems that occur in the world everyday and communicate them to others to raise awareness. I also want to take photos to capture the beauty of all the nature around us.



Segregation

Here we see a line that cuts the picture into two segments as if the sky is being dissected. However, it's all about the angle that the photograph is taken from. Sometimes these lines exist only in our minds, because we can't see the whole picture from the angle we are looking at.



Left Out

The white pebble looks like it has been separated from a bigger group (the bigger cluster of pebbles). The photo is taken in a way that looks depressing.





Jason Tsz Lung Cheung

Everyone's fate is different, some wish for their fate to be such and such, some don't bother about it at all. Ultimately some people live in the ordinary, some go with the flow and some come out as exceptions. Fate always leaves people wondering.

Eunice Hin Wing Chong

I love travelling because it opens your eyes. If you're open and willing, travelling will make you an incredibly well-rounded human being. People are hardwired for the excitement of adventure and travelling may just be the best way to tap into this. People you meet on the road may become some of the most valued names on vour contact list.







I've taken photos that can show something important about the world around me. The photos are about the important people around me, such as my friends and family. Through this programme I have learnt to be more confident with the things that I do.



This is my cat and his name is 'Cat' (because I don't know what to name him haha). He brings colours to my daily life.



My school is definitely somewhere that is important to me; I spend most of my time in this building and I learnt lots of knowledge there.

James Ka Wai lai

Asha Limbu

The photos I have selected to exhibit tell people about my surroundings and the little moments of happiness I find in my everyday life, whether they be happy or sad. Firstly, I would use photography to capture the moment as a memory and also I would also use photography to communicate messages to the world around me so I can help others. However, for this exhibition, I have decided to use photography to express myself.









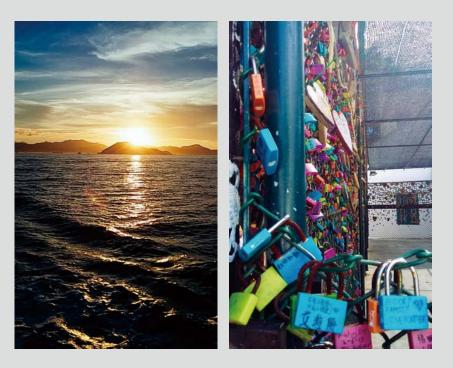
Maryam Melissa Camille Chavez

When I notice the changes in the sky at different times of the day, it made me think about changes in life. There were many variations in the cloud size, sky color and such, it kind of represents life with big changes, small changes, good changes, bad changes, or even no changes at all. If all those happen in a day, imagine what changes could happen in a lifetime? The colour scheme of my photos are from black to colourful. It is like a journey of finding my true self. At first, I wander around Hong Kong to find my values, and as I discover more, my world starts to become more colourful. So in the end, I found my true self. I look back at the past to reflect on how I got there, and found that the world has been a really beautiful place all along. Now that I know how to use photography to express my messages, I'd use this to inspire people. Even if my pictures are nothing spectacular, I still feel like there's a meaning behind it, so I want to try my best to express that.

When I notice the changes in the sky at different times of the day, it made me think about changes in life. There were many variations in the cloud size, sky color and such, it kind of represents life with big changes, small changes, good changes, bad changes, or even no changes at all. If all those happen in a day, imagine what changes could happen in a lifetime?

Parneet Kaur

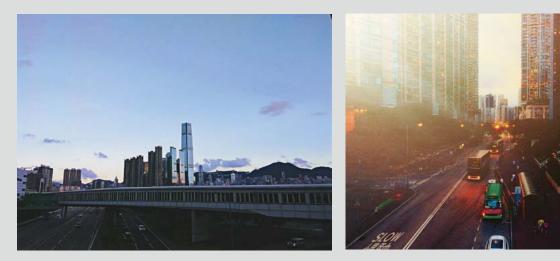
Photography can be used to communicate just as well as words. I'll use photography to express things that I'm afraid to say using words. A picture can be interpreted in different ways with various messages. Photography is a very free and open way of communication. The photos I have chosen reflect some of my feelings deep inside that I seldom express. Each photo may seem simple and random but there are elements like irony that provoke feelings and heighten imagination that no other thing can do. I think that the longer you look at each photo, the more you can get out of it.







When someone is not happy or just failed in exams, their emotions are like the cloudy sky.



A day begins:

Skies turn blue and it is a brand new day for us to do what we want!

Time for home Don't keep looking at your phones, try to explore the world!

Johnny Chung Lai Chan

I think photography is a kind of art; everyone has his/her own style. Through photography we can express what we want. In our world, there are many issues or incidents that we want to show the world. By taking photos we can involve people with these scenarios. In Hong Kong, people get so much pressure - sometimes they work over 9 hours per day! Their lives become more and more complicated as they always look at their electronic devices without talking to others. Through these photos, I would like to show people there are many little things around them that they failed to notice. I hope they would be wiser by discovering the world with their eyes, not just keeping their eyes on their cell phones. That is what "Windows" mean to me. Secondly, I hope that if my photographs hold up as 'mirrors' to people, where they see their own stress and pressure reflected in them, they can be inspired to put their stress aside and enjoy life.

Ainna Yzebella Javellana Escueta

Instead of using words, our thoughts and our opinions on how we see the world and society can be shown through art. My photos show how I see the world and how much it changes, when every second passes by so quickly. Park benches are usually where people would immediately sit down and think when they see it. Many people sit on park benches for many reasons - to sit and chat, to think, to relax, and enjoy the surrounding. Although this is simple, it can mean connecting to the world or the person you are talking to on the bench. It can show separation and also love, which is why my theme is "distance".



Love Never Gets Old

What does love actually feel like? I know that this couple loves each other, but does the comfort of being together for a long time cancel that feeling out? Can familiarity overwrite the feelings of love? Nowadays, people go to concerts and watch them through their phones' screens. They are present but also somehow absent. In this picture, we have two people together, sharing a park bench and doing the same activity. Does it look like they are somehow a world apart?



Through Different Perspectives

Everyone views life differently, and our life view changes from point to point in our own lives. Some are eager to see what lies ahead of them but some may focus on the past and dwell on it. Relationships are affected as one may not be as excited to see and pursue life like the other.



Acknowledgments

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About Us

About KELY Support Group

KELY Support Group (KELY) is a non-government funded bilingual organisation which provides support to youth between the ages of 14 and 24 in Hong Kong from Chinesespeaking, Ethnic Minority and English-speaking backgrounds.

Our mission is to empower young people to reach their full potential. Our programmes and services focus on knowledge, resistance and harm reduction around drug and alcohol misuse. Using positive youth development and understanding young people's perspective, we equip them with key life skills and resilience as they face various challenges growing up in Hong Kong.





Find out more at kely.org

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