

DRUG & ALCOHOL AWARENESS WORKSHOPS



FOR PRIMARY
3-6 STUDENTS



Thank you for your interest in KELY's Drug & Alcohol Awareness Workshops!

Our workshops aim to provide a structured curriculum for schools to easily implement for each form, to raise awareness on the issues related to drugs and alcohol. The workshops and visits in the primary school curriculum focus on baseline knowledge for students (P3-P6) to resist drugs, alcohol, and smoking. If you would like to see our secondary school curriculum, please contact our staff for more information.

With funding support from the Narcotics Division, KELY Support Group can provide one workshop/visit to every student at approved schools each school year for free. Please see our booking guidelines for more details.

We look forward to working with your school!

KELY Support Group

DRUG INFOCENTRE SITE VISIT

LEARNING OBJECTIVES:

In this session, students should:

- Establish a baseline understanding of drugs and addiction
- Increase knowledge of drugs commonly used in Hong Kong
- Develop knowledge concerning common reasons and risks for drug use
- Practice using resistance strategies in response to peer pressure associated with drug use

OVERVIEW:

Students are able to learn outside of the classroom through the interactive exhibition at The Hong Kong Jockey Club Drug Info Centre (DIC) situated at Admiralty. Students will be introduced to the basic questions: What is a drug? What is addiction? Exhibits will be used to elaborate on this baseline knowledge. Through an interactive video, students will learn from real-life situations to consider how different situations can impact a decision to use or not use drugs and about resistance strategies to overcome peer pressure. Students will explore the Centre through a competitive team quiz which will encourage the students to find answers to key questions relating to drug use trends in Hong Kong. A debriefing prior to leaving the Centre will consolidate the learning and address any questions.

NOTE WHEN BOOKING THIS WORKSHOP:

This workshop is **only available between 10 am to 5 pm**, Monday – Friday.

SMOKING AWARENESS

LEADER OF THE PACK

LEARNING OBJECTIVES:

In this session, students should:

- Establish or refresh existing knowledge about smoking tobacco and e-cigarettes
- Consider the range of short-term and long-term harms associated with smoking tobacco and e-cigarettes
- Practice using resistance strategies in response to peer pressure associated with smoking

OVERVIEW:

This workshop refreshes students' knowledge on smoking tobacco and compares it with e-cigarettes, establishing new knowledge on the risks and effects. Students will discuss the short-term and long-term effects on the body connected with the behaviour. A special focus on e-cigarettes will be explored given the rising popularity among young people. Students will analyze the impact of media and marketing, comparing and contrasting how e-cigarettes are directly and indirectly marketed and the role this may play on their willingness to smoke. Finally, students will practice using resistance strategies through a fun game appropriate to primary school students.

**If you would like to book a workshop with us, please
read our guidelines and fill in our booking form.**

Thank you!



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